# QUESTIONNAIRE ON THE STATE OF AWARENESS OF ONE'S DEVIANT AND CRIMINAL BEHAVIORS

# (ADCB-Q-2)

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| **PRELIMINARY DATA**  **(Section A)** | | | | | |
| *Gender* | | Male  Female    Transex M 🡪 F / F 🡪 M  Other (please specify) \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ | | | |
| *Age (range)* | | |  |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | --- | |  | <14 |  | 28-29 |  | 44-45 |  | 60-61 | |  | 14-15 |  | 30-31 |  | 46-47 |  | 62-63 | |  | 16-17 |  | 32-33 |  | 48-49 |  | 64-65 | |  | 18-19 |  | 34-35 |  | 50-51 |  | 66-67 | |  | 20-21 |  | 36-37 |  | 52-53 |  | 68-69 | |  | 22-23 |  | 38-39 |  | 54-55 |  | 70-72 | |  | 24-25 |  | 40-41 |  | 56-57 |  | 73-75 | |  | 26-27 |  | 42-43 |  | 58-59 |  | ≥ 76 | |  |  |  |  |  |  |  |  | | | | |
| *Sexual orientation* | | Heterosexual  Homosexual  Bisexual  Fluid / Other (please specify) \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ | | | |
| *Nationality* | | European Community (please specify) \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  Extra-European (please specify) \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ | | | |
| *Residence/domicile/ habitual abode* | | Italy (please specify City) \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  Other countries in the European community  (please specify State) \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  Extra-European (please specify) \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ | | | |
| *Parental family status* | | Both living parents under marriage or legal cohabitation  Both parents are alive but separated or divorced  One/both fluid (gay/lesbian)  Other (please specify): \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ | | | |
| *Personal family status* | | Natural child  Adopted child  Other (please specify): \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ | | | |
| *List PERSONAL activities that the writer does most frequently while surfing the web (internet). It is also possible to initial more than one answer* | | Social network and social networking platform  Streaming platforms to watch movies and TV series  Adult entertainment and pornographic sites  Gambling platforms  Platforms for listening to or downloading music  Platforms for online gaming  Blogs and communication sites  Contact search for professionals  Platforms for online purchasing    Access to the dark/deep web  Other (please specify): \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ | | | |
| *List PERSONAL motivations that cause the writer to engage in the "deviant and/or criminal behaviors" (DCB)\*. It is also possible to initial more than one response*  *\* Definition of DCB: they are all those real and active human acts that constitute a violation of a social and/or legal rule, and their transgression provides for the application of a punitive sanction (see list section B)* | | Rebellion against rules imposed by family or society  Boredom  Attracting attention  Pleasure to transgress  Imitation / Emulation  Being part of a social/friendly group  Need to hurt oneself/pain  Need to harm/provide suffering  Manifest disappointment/frustration  Other (please specify): \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ | | | |
| **QUESTIONNAIRE ON DEVIANT AND CRIMINAL BEHAVIOR**  **(Section B)**  Section B is divided into 2 sub-sections:  a) 1B = "deviant" behaviors, consisting of 15 items.  b) 2B = "antisocial and psychopathic" behaviors, consisting of 25 items.  The total number of items in section B is 40.  Among the hypotheses listed in the first column, the subject should initial with an "X" a value from 0 to 5 according to the following severity scale:  0 = *Never*, in any case.  1 = *Occasionally*, only when solicited or otherwise at festive or social events, with a frequency of not less than  monthly.  2 = *Biweekly frequency*.  3 = *Weekly frequency*.  4 = *Daily frequency*.  5 = *Multi-day frequency*.  The initialing of the value will take place in "*column A*" if the subject considers that behavior to be consistent with the prohibition (i.e., it is right for that behavior to be considered wrong by society), or it will take place in "*column B*" if the subject considers that behavior to be inconsistent with the prohibition (i.e., it is right for him despite society considering it wrong). In the case of initialing in column B, the subject must justify the answer by entering the content in the corresponding space in "*column C*". Regardless of the initials in column A or B, the corresponding final value for each item will always be from 0 to 5; however, the initials in column B will be discussed during any subjective psychotherapy.  **OUTCOME OF THE QUESTIONNAIRE**  For each ITEM, sum the value from 0 to 5 initiated, regardless of whether it is in column A or B; sum the values for each partial total and the overall final total. The sum of the first subtotal cannot have a value less than 0 and greater than 75, the sum of the second subtotal cannot have a value less than 0 and greater than 125, and the overall final sum cannot have a value less than 0 and greater than 200.  The numerical value represents the subject's ***dysfunctional and pathological tendency***:   1. SUBSCALE "1B": DEVIANT BEHAVIOR 2. 0 = Subject exhibits no deviant behavior 3. 1-15 = Subject exhibits minimal deviant inflections 4. 16-30 = Subject exhibits moderate deviant tendencies 5. 31-45 = The subject exhibits moderate deviant tendencies 6. 46-50 = The subject exhibits significant deviant tendencies 7. 51-75 = The subject exhibits severe deviant tendencies 8. SUBSCALE "2B": ANTISOCIAL AND PSYCHOPATHIC BEHAVIOR 9. 0 = Subject exhibits no criminal behavior 10. 1-25 = Subject exhibits minimal criminal downturns 11. 26-50 = Subject exhibits moderate criminal tendencies 12. 51-75 = Subject presents moderate criminal tendencies 13. 76-100 = The subject exhibits significant criminal tendencies 14. 101-125 = The subject exhibits severe criminal tendencies 15. "OVERALL TOTAL" SCALE: CRIMINAL SPECTRUM 16. 0 = Criminal inflections and trends absent 17. 1-40 = Weakly relevant criminal trends 18. 41-80 = Weakly relevant criminal trends 19. 81-120 = Moderately relevant criminal trends 20. 121-160 = Significantly relevant crime trends 21. 161-200 = Extremely relevant criminal trends   Scoring is initiated by the therapist administering the questionnaire. This questionnaire does not diagnose psychopathological disorders but defines the presence or absence of deviant, antisocial, and psychopathic behaviors, which are grouped into the macro-category of ***CRIMINAL SPECTRE***, intended as a dysfunctional pattern consisting of a clinically relevant cross-sectional condition, in which the subject manifests deviant, borderline, histrionic, narcissistic, antisocial, and psychopathic behaviors, such that they foster their emotional, cognitive, and behavioral dysfunctionality in comparison with the conduct concerning social and legal norms that would be expected from another fellow member of their same environmental context. | | | | | |
| **N** | **Dysfunctional behaviors** | | *ALFA:*  *Behavior deemed knowingly wrong* | *BETA:*  *Behavior deemed correct despite being considered wrong by society* | *GAMMA: Notes* |
| **SECTION 1B:** **"DEVIANT" BEHAVIORS** | | | | | |
| **1** | Smoking (or desiring) cigarettes in an enclosed public place, despite the ban | | 0 =    1 =    2 =    3 =      4 =    5 = | 0 =    1 =    2 =    3 =      4 =    5 = |  |
| **2** | Smoking at least 20 cigarettes a day or at least 3 in 1h at least 2 times a day to relieve nervous tension or stress | | 0 =    1 =    2 =    3 =      4 =    5 = | 0 =    1 =    2 =    3 =      4 =    5 = |  |
| **3** | Taking caffeine to the extent of more than 3 daily coffees or products containing it, or feeling the need for it | | 0 =    1 =    2 =    3 =      4 =    5 = | 0 =    1 =    2 =    3 =      4 =    5 = |  |
| **4** | Not attending school or work hours, without prior notice or permission or for health reasons | | 0 =    1 =    2 =    3 =      4 =    5 = | 0 =    1 =    2 =    3 =      4 =    5 = |  |
| **5** | Failing to complete one's assigned professional or school tasks, within the stipulated time limit | | 0 =    1 =    2 =    3 =      4 =    5 = | 0 =    1 =    2 =    3 =      4 =    5 = |  |
| **6** | Spending at least 4 hours a day (even if not continuous) on the internet, chatting or playing video games or watching videos, or creating content, outside the work context | | 0 =    1 =    2 =    3 =      4 =    5 = | 0 =    1 =    2 =    3 =      4 =    5 = |  |
| **7** | Taking medication without a prescription or with abuse in its use | | 0 =    1 =    2 =    3 =      4 =    5 = | 0 =    1 =    2 =    3 =      4 =    5 = |  |
| **8** | Tendency to boredom, feelings of emptiness, isolation, or perception of anhedonia | | 0 =    1 =    2 =    3 =      4 =    5 = | 0 =    1 =    2 =    3 =      4 =    5 = |  |
| **9** | Unwarranted, excessive, and/or dangerous angry reactions | | 0 =    1 =    2 =    3 =      4 =    5 = | 0 =    1 =    2 =    3 =      4 =    5 = |  |
| **10** | Poor investment in feelings, with a more or less marked lack of empathy | | 0 =    1 =    2 =    3 =      4 =    5 = | 0 =    1 =    2 =    3 =      4 =    5 = |  |
| **11** | Parasitic lifestyle (being emotionally and economically dependent on other people while being able to secure independence by putting in more effort and commitment) | | 0 =    1 =    2 =    3 =      4 =    5 = | 0 =    1 =    2 =    3 =      4 =    5 = |  |
| **12** | Acts and/or behaviors that are impulsive and beyond what would be expected for the context (e.g., unmotivated anger and aggression) or behaviors that are contrary to social norms (e.g., failure to wait in lines in public places) | | 0 =    1 =    2 =    3 =      4 =    5 = | 0 =    1 =    2 =    3 =      4 =    5 = |  |
| **13** | Inability to accept one's responsibilities when they are pointed out by others or use of ploys or cleverness to gain unfair benefits | | 0 =    1 =    2 =    3 =      4 =    5 = | 0 =    1 =    2 =    3 =      4 =    5 = |  |
| **14** | Fleeting or low-key affective-sentimental relationships | | 0 =    1 =    2 =    3 =      4 =    5 = | 0 =    1 =    2 =    3 =      4 =    5 = |  |
| **15** | Early behavioral problems, in childhood and/or preadolescence, without the commission of unlawful acts or behaviors | | 0 =    1 =    2 =    3 =      4 =    5 = | 0 =    1 =    2 =    3 =      4 =    5 = |  |
| |  |  | | --- | --- | | **PARTIAL TOTAL (SECTION 1B)** | **\_\_\_\_\_\_\_\_ / 75** | | | | | | |
| **SECTION 2B:** **"ANTISOCIAL AND PSYCHOPATHIC" BEHAVIORS** | | | | | |
| **16** | Juvenile delinquency, with or without a criminal conviction | | 0 =    1 =    2 =    3 =      4 =    5 = | 0 =    1 =    2 =    3 =      4 =    5 = |  |
| **17** | Desire to commit acts or behavior deemed by law to be unlawful, in adolescence and/or adulthood, or otherwise irrepressibility in the commission of crimes even using justifications arising from circumstances or state of necessity | | 0 =    1 =    2 =    3 =      4 =    5 = | 0 =    1 =    2 =    3 =      4 =    5 = |  |
| **18** | Lack of remorse and guilt when committing acts or behaviors that hurt others' feelings | | 0 =    1 =    2 =    3 =      4 =    5 = | 0 =    1 =    2 =    3 =      4 =    5 = |  |
| **19** | Physical violence on inanimate objects | | 0 =    1 =    2 =    3 =      4 =    5 = | 0 =    1 =    2 =    3 =      4 =    5 = |  |
| **20** | Verbal or physical violence against persons, for purposes other than self-defense | | 0 =    1 =    2 =    3 =      4 =    5 = | 0 =    1 =    2 =    3 =      4 =    5 = |  |
| **21** | Verbal or physical violence to animals, for purposes other than self-defense | | 0 =    1 =    2 =    3 =      4 =    5 = | 0 =    1 =    2 =    3 =      4 =    5 = |  |
| **22** | Attempted or procured state of death, to animals or persons, by voluntary actions and/or behaviors or recurrent fantasies of procuring serious injury or death to other persons | | 0 =    1 =    2 =    3 =      4 =    5 = | 0 =    1 =    2 =    3 =      4 =    5 = |  |
| **23** | Damaging or littering public places, collective, religious, or otherwise sacred property | | 0 =    1 =    2 =    3 =      4 =    5 = | 0 =    1 =    2 =    3 =      4 =    5 = |  |
| **24** | Actively participating in or organizing a fight or otherwise assaulting someone or something | | 0 =    1 =    2 =    3 =      4 =    5 = | 0 =    1 =    2 =    3 =      4 =    5 = |  |
| **25** | Driving a mechanical vehicle without a regular license or a means of safety | | 0 =    1 =    2 =    3 =      4 =    5 = | 0 =    1 =    2 =    3 =      4 =    5 = |  |
| **26** | Stealing or borrowing items from commercial stores or private and unknown parties without their consent | | 0 =    1 =    2 =    3 =      4 =    5 = | 0 =    1 =    2 =    3 =      4 =    5 = |  |
| **27** | Stealing or borrowing valuable goods or money from acquaintances, friends, or family members, including by stratagems and deception or manipulation, without their consent | | 0 =    1 =    2 =    3 =      4 =    5 = | 0 =    1 =    2 =    3 =      4 =    5 = |  |
| **28** | Drinking alcohol irresponsibly, procuring a state of voluntary or conscious altered consciousness | | 0 =    1 =    2 =    3 =      4 =    5 = | 0 =    1 =    2 =    3 =      4 =    5 = |  |
| **29** | Driving while intoxicated and/or in an altered state of consciousness due to substance abuse or riding in a car with the driver in an altered state of consciousness due to alcohol or drug use | | 0 =    1 =    2 =    3 =      4 =    5 = | 0 =    1 =    2 =    3 =      4 =    5 = |  |
| **30** | Gambling, through betting or slot machines, with foreign exchange money or currencies, for economic amounts exceeding the recreational purpose | | 0 =    1 =    2 =    3 =      4 =    5 = | 0 =    1 =    2 =    3 =      4 =    5 = |  |
| **31** | Carping the trust of others, using lies and manipulation, loquacity and charm, for one's advantage, or through excessive shyness and placidity | | 0 =    1 =    2 =    3 =      4 =    5 = | 0 =    1 =    2 =    3 =      4 =    5 = |  |
| **32** | Sexual promiscuity/  hypersexuality | | 0 =    1 =    2 =    3 =      4 =    5 = | 0 =    1 =    2 =    3 =      4 =    5 = |  |
| **33** | Tendency to perverse sexuality (masochistic, sadistic, or otherwise paraphiliac) and/or casual sex frequently and otherwise without precautions (e.g., condom) | | 0 =    1 =    2 =    3 =      4 =    5 = | 0 =    1 =    2 =    3 =      4 =    5 = |  |
| **34** | Uncontrollable passion/impulse to possess, possess or use weapons of any nature (cutting, fire, explosive, incendiary), without the necessary legal authorizations | | 0 =    1 =    2 =    3 =      4 =    5 = | 0 =    1 =    2 =    3 =      4 =    5 = |  |
| **35** | Improper or pathological eating behaviors (anorexia, bulimia, uncontrolled and/ or compulsive eating) | | 0 =    1 =    2 =    3 =      4 =    5 = | 0 =    1 =    2 =    3 =      4 =    5 = |  |
| **36** | Consciously lying in order not to face one's responsibilities or to gain an unfair advantage or to the detriment of others | | 0 =    1 =    2 =    3 =      4 =    5 = | 0 =    1 =    2 =    3 =      4 =    5 = |  |
| **37** | Taking a drug without a prescription, willfully abusing it | | 0 =    1 =    2 =    3 =      4 =    5 = | 0 =    1 =    2 =    3 =      4 =    5 = |  |
| **38** | Taking drugs such as cannabinoids (natural or synthetic) / marijuana/hashish, without any medical benefit or beyond the limits prescribed by the health care provider | | 0 =    1 =    2 =    3 =      4 =    5 = | 0 =    1 =    2 =    3 =      4 =    5 = |  |
| **39** | Taking drugs such as cocaine, heroin, amphetamines, hallucinogens, and/or other natural or synthetic substances without any medical benefit | | 0 =    1 =    2 =    3 =      4 =    5 = | 0 =    1 =    2 =    3 =      4 =    5 = |  |
| **40** | Purchase or produce for sale to others one or more narcotic substances without any medical benefit or the necessary legal authorizations | | 0 =    1 =    2 =    3 =      4 =    5 = | 0 =    1 =    2 =    3 =      4 =    5 = |  |

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| |  |  | | --- | --- | | **PARTIAL TOTAL (SECTION 2B)** | **\_\_\_\_\_\_\_\_ / 125** | |

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| **CUMULATIVE TOTAL** | **\_\_\_\_\_\_\_\_ / 200** |