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Research Article

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Beyond the Diagnosis: Identifying Major Risk Factors for Dementia in a Clinical Setting

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Background: Dementia is a serious health issue, and effective management requires an understanding of its risk factors. The purpose of this study was to assess dementia risk factors in patients from Bolan Medical Complex Hospital, Quetta. Methods: From April 2021 to April 2024, a cross-sectional study was carried out with participants aged 18 and older who had been d ...

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Mini Review

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Recent Developments on Alzheimer’s Intervention: A Mini Review

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Alzheimer’s disease (AD) is a progressive neurodegenerative disorder characterized by amyloid-beta plaque deposition, tau protein tangles, neuronal loss, and cerebral atrophy, leading to cognitive decline and memory impairment. Traditionally, treatments have primarily addressed symptoms without targeting the disease’s underlying pathology. However, recent advances hav ...

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