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Research Article

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## **Determinants of Mental Health Service Utilisation and the Role of Health Insurance among Government and Private Sector Employees in Mogadishu, Somalia: A Cross-Sectional Survey**

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Author(s): Abdulrazaq Yusuf Ahmed\* and Abdirahman Yusuf Ahmed

Background: The provision of health insurance within fragile, conflict-affected settings such as Somalia does not automatically guarantee improved access to essential mental healthcare services. Despite the proliferation of insurance products, especially Islamic Takaful schemes, the translation of insurance coverage into tangible service utilisation remains hindered b ...

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## **Psychological Experience and Nighttime Sleep Quality of 7th-year Medical Students during Clinical Rotations in Senegal**

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Author(s): El Hadji Makhtar BA\*, Kone Pelbel Massara, Bernard Charlotte, BA Fatoumata, Tine Jean Augustin Diégane, Seck Sokhna, Camara Momar, Diedhiou Bocar Baila, Fall Khadim, Diop Marieme Soda, Sow Adjaratou Dieynabou, Basse Anna Mbodj, Ndiaye Moustapha and Sylla Aïda

Introduction: Medical studies are unique in that they are both theoretical and practical. The main objective was to evaluate the psychological experience and quality of night-time sleep of medical science students during their clinical placements.

Methodology: We conducted a cross-sectional, descriptive, and analytic study of 7th-year medical students at El Hadj Ibra

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## Narcissistic and Psychopathic Leaders

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The narcissistic leader fosters and encourages a personality cult. It bears all the hallmarks of an institutional religion, including priesthood, rites, rituals, temples, worship, catechism, and mythology. The leader is this religion's ascetic saint. He monastically denies himself earthly pleasures (or so he claims) to be able to dedicate himself fully to his calling. ...

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