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Research Article

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## Mixed states in bipolar disorder: The DSM-5 dilemma

Published On: February 01, 2024 | Pages: 028 - 037

Author(s): Michel Bourin\*

Although clinical descriptions of mixed states date from the beginning of the 19th century, the first use of the term mixed state dates back to French nosological descriptions by Falret in 1861, who thus described "predominant ideas often of a sad nature, in the middle of a state of excitement simulating true mania", but also "inverse states, an extreme confusion of i ...

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## The development of a depressive disorder management model amongst Thai labours in the Eastern Economic Corridor (ECC)

Published On: January 09, 2024 | Pages: 012 - 017

Author(s): Sorut Wongsuttitum\*, Boonyapa Pokasem\* and Chaweerat Chernchomkul

Depression is a barrier to the human workforce. However, the lack of major policies and guidelines for depression disorder in Thailand hinders healthcare workers from addressing this issue. Therefore, this research examines ways to develop depressive disorders in laborers. This study used a qualitative approach to examine the context of depression management in labor. ...

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## Role of self-awareness in the promotion of health and well-being of college students

Published On: January 06, 2024 | Pages: 001 - 011

Author(s): Rekha Wagani\* and Pranita Gaur

The quest for knowing self is the most basic of human nature, which is long believed to be necessary for promoting good health and well-being. This research provides a theoretical and empirical examination of the role of Self-Awareness (SA) in health and well-being. It was proposed that self-awareness is a positivistic construct that would promote health and well-bein ...

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## Short Communication

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### Anxiety and depression from military medical aspects

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Author(s): Agnes Gyorfy\*

Anxiety and depression are the most common issues of mental health problems. In military medicine, healthcare professionals are facing even more of it because the military population is taken out to tasks that are more likely to lead to these kinds of symptoms and/or disorders even with attention, training, and preventive measures. The military medical system focuses ...

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## Mini Review

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### Combating geriatric depression: Pet therapy's revolutionary role and contributions to public health

Published On: May 28, 2024 | Pages: 052 - 055

Author(s): Nee Karaka\* and Jorge Alberto Juri

This study aims to investigate the impact of pet therapy on the treatment of depression in elderly individuals and its implications for public health. The research explores the objective, observations, results, and conclusion, of the study. Research has shown that regular interaction with animals can decrease stress hormone levels among older individuals.

Additionally ...

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## Bipolar disorder with personality disorders: A difficult diagnosis

Published On: May 24, 2024 | Pages: 049 - 051

Author(s): Michel Bourin\*

Bipolar disorder poses some diagnostic difficulties because it is colored by the personality of the patients. What complicates the problem are the personality disorders, which make the diagnosis difficult. Comorbid personality disorders are frequent and may complicate the course of bipolar illness. We have much information about treating patients with uncomplicated Bi ...

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## Telework and bipolar disorder

Published On: April 24, 2024 | Pages: 045 - 048

Author(s): Michel Bourin\*

Telework developed considerably during and after the COVID-19 pandemic. It seems interesting to evaluate the consequences of the use of teleworking in the population of bipolar patients. Increasingly accessible thanks to new technological and digital tools, it is however losing notoriety, because it presents some disadvantages, both for employees and for their employe ...

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## Management of bipolar disorder at work

Published On: March 29, 2024 | Pages: 041 - 044

Author(s): Michel Bourin\*

Bipolar disorder can lead to problems at work, whether in social relationships or the difficulty of certain tasks. The aim of this article is to distinguish between the different challenges that bipolar patients must overcome. Whether it concerns

working hours, teamwork, or the choice of profession. Advice is offered to bipolar people to help them in their work, but a

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