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Research Article

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## The effect of the "Golden Circle" exercise on personal goal achievements of stroke survivors: Preliminary findings

Published On: May 09, 2023 | Pages: 019 - 027

Author(s): Eli Carmeli\*, Irit Grencel and Yacov Fogelman

The success of a patient's rehabilitation depends greatly on many variables. Stroke survivors are often not sufficiently or fully aware of their mental health condition, and as a result are unresponsive, frustrated, and have difficulty with executive functions. The aim was to investigate the effect of the "Golden Circle" cognitive exercise on the quality of life of po ...

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Short Communication

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## Sleep and bipolar disorder

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Author(s): Michel Bourin\*

A growing international scientific literature demonstrates the existence of sleep abnormalities and sleep/wake (or circadian) rhythms in bipolar disorder. These abnormalities exist during the acute phases of the disease, with the classic presentation of insomnia or hypersomnia during depressive episodes and a reduced need for sleep without feeling tired during manic e ...

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## Prevalence and predictive factors of depression among medical health care workers and medical residents

Published On: April 13, 2023 | Pages: 017 - 018

Author(s): Mohammed Qasem Alqahtani\*

Mental health is one of the 3 essential health columns which is defined according to WHO as "a state of complete physical, mental and social well-being and not merely the absence of disease and infirmity". Depression is one of the most common mental health. According to the Diagnostic and Statistical Manual of Mental Disorders (DSM-5), depression is defined as at least ...

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### Rapid Communication

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## Bullying, spirituality, anxiety and depression

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Author(s): John Calvin Chatlos\*

A recently developed Cognitive Behavioral Theory (CBT)-based process has been used to understand and explore the nature of spirituality and spiritual experience and its healing characteristics. Experiences of self-worth and dignity (both are operationalized) as the core of spirituality are directly injured by bullying with resultant depression and anxiety.

Bullying ex ...

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### Literature Review

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## Antidepressants and memory effects of ketamine under the neuromolecular view: A literature review

Published On: March 28, 2023 | Pages: 005 - 016

Author(s): Da Silva GP Felipe\*, Rezende M Gabriel, Lohana Pompelli Scapatici, Luísa Zanelatto de Araujo, Bruna Carrara

Lombardi, Caroline Vidal, David Batista Wiedmer, Lucas Schoeler, Minhoto R Gisele and Andreatini Roberto

Objective: Major Depressive Disorder (MDD) has as diagnostics characteristics chronic deep sadness, anhedonia, sleeping disorder, lower energy, and cognition impairment like memory deficits. Among the pharmacological treatments that have been used until the moment, most of them act by monoaminergic pathways. Overall, the antidepressant effects promoted by this kind of ...

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## Mini Review

[Open Access](#) [Mini Review](#) PTZAID:ADA-9-178

### Managing anxiety disorders in bipolar patients

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Author(s): Michel Bourin\*

Anxiety disorders are among the main comorbidities encountered in patients with bipolar disease. Numerous clinical and epidemiological studies show an increased prevalence of anxiety pathologies (generalized anxiety disorder, social anxiety disorder, obsessive-compulsive disorder, panic disorder, and post-traumatic stress disorder) in bipolar subjects compared to the ...

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### Bipolar disorder and aging

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Author(s): Michel Bourin\*

Bipolar disorder is a chronic illness, defined by a succession of depressive and/or manic periods separated by free intervals. Its evolution with aging is marked by a high suicide mortality rate. Bipolar disorders raise the question of their evolution when the age of the subject, in particular with regard to their frequency, their clinical characteristics, their progn ...

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